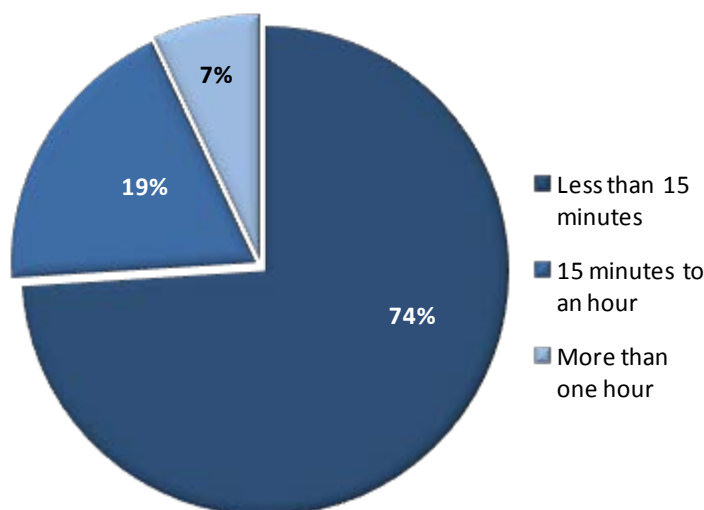


Journey time to visit family and friends among National Seniors Australia members

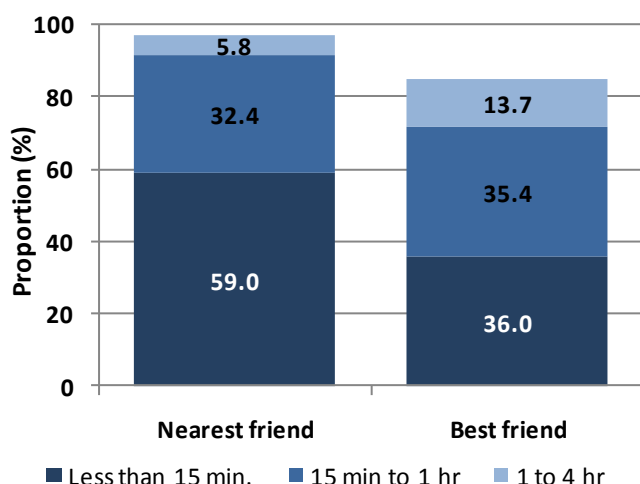
A sample of NSA members were asked how long it takes to travel to see their family members and friends, using their usual form of transport.

- In most cases, the usual form of transport is the car.
- Most respondents live very close to at least one family member or friend. 74% live within 15 minutes travel of a family member or friend, and 93% live within an hour's travel time.

Travel time to visit a family member or friend



Able to visit a friend within four hours

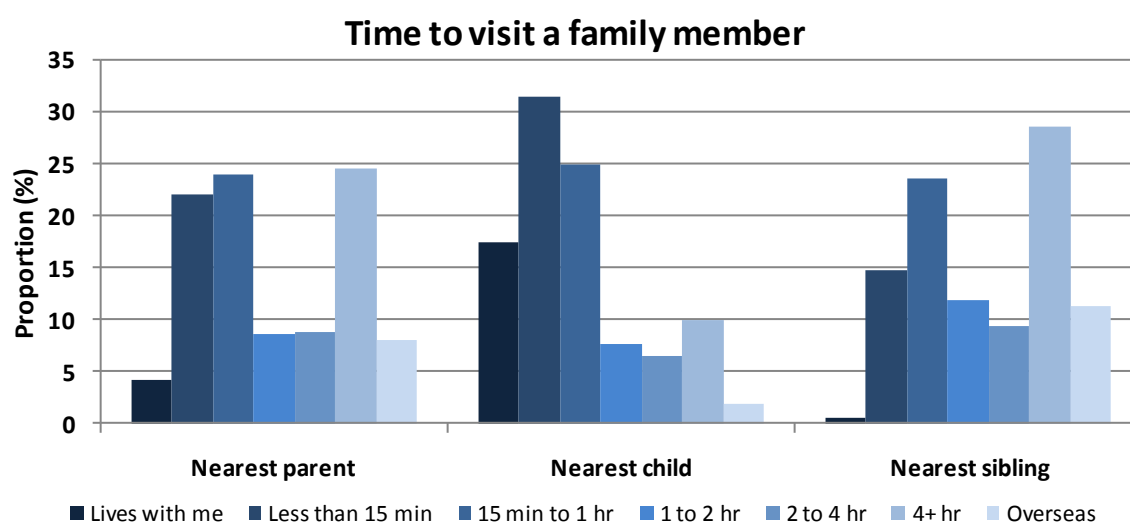


Highlights regarding friends:

- Almost all respondents live within an hour's travel of their nearest friend. Moreover, 59% can travel to see a friend within 15 minutes.
- The nearest friend is not necessarily the best friend. Nevertheless, for 36% of respondents it takes less than 15 minutes to visit their best friend, and a further 35% can visit their best friend within an hour.
- Travel times to nearest friend and best friend do not vary by age.

Highlights regarding family members:

- Respondents tend to live closer to their children than to other family members. Almost a third lives within 15 minutes of one of their children. 17% have children living at home, and most of these are younger respondents.
- For around half of respondents, their nearest parent lives within an hour's travel. However, 25% live 4 or more hours away, and for 8% their nearest parent lives overseas.
- Siblings live further away from respondents than either their parents or children; with 28% living 4 or more hours away and 11% living overseas.



This issue of 'Facts and Figures' includes data from the *Social Activity and Wellbeing of Older Australians* survey which is part of the *Social Networks and Ageing Project (SNAP)*. This study is funded by an ARC Linkage grant -LP0990974 "The role of online social networks in successful ageing: benefiting from 'who you know' at older ages" (H. Booth, R. Ackland and T. Windsor; 2009-2012)- in collaboration with National Seniors Australia Productive Ageing Centre. This 'Facts and Figures' has been created by Heather Booth and Maria Pilar Rioseco Lopez from the Social Networks and Ageing Project at the Australian National University