

# National Seniors

Australia

NEW FARM BRANCH INC.  
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<https://nationalseniors.com.au/get-involved/branches/new-farm>

## APRIL 2024 NEWSLETTER

### GENERAL MEETING

Wednesday 3<sup>rd</sup> APRIL at Brunswick Hotel, 569 Brunswick St, New Farm.  
Morning tea will be from 9:15am to 10:00am, meeting follows.  
**SPEAKER – Nina Schrinner, Lady Mayoress.**



### A MESSAGE FROM THE PRESIDENT



Hello everyone,

It is good to see so many of you attending our meetings and enjoying yourselves. Being able to stay on for lunch at The Brunswick extends the pleasure of seeing one another. Do please spread the word and invite your friends to join us and become members too. Our wonderful volunteers, Di, Trish and Francesca also take us beyond the walls of the Brunswick Hotel and invite us to many and varied activities that are interesting and affordable. They all have some interesting trips lined up for you. In fact, as I write, my mouth is watering at the prospect of lunch tomorrow at Bisou Bisou! I hope to see you there.

Our last meeting was full of buzz and celebration thanks to our **CEO Chris Grice** giving an interesting and relevant speech, our senior members cutting the cake in style, and an excellent Member Memories presentation by **Caji De Souza**, Thank you, Caj! Your talk was fascinating and I have had many comments from members who really enjoyed listening to you.

I am still standing but I have to say that I am over this ageing process and I know some others who are also hostage to a few debilitating injuries and concerns. In particular, Ken Milner has been in the wars lately and not feeling the best. He has been a stalwart of the club for many years and gave excellent service as President for five of those years. He has been in and out of hospital of late and we sent flowers from the committee and members which hopefully cheered him up a bit. Having been in the position of looking after an ailing husband for many years I am always aware of the toll this takes on a partner so our thoughts also go to Jenny Milner and others in this situation. Jenny never complains and we are grateful for the amazing contribution she still makes to our branch.

Take good care and look out for one another, especially those who live alone.

**Anne Stubbington, President.**

### THE NEW FARM BRANCH COMMITTEE HAS DECIDED TO CHANGE OUR REFUND POLICY.

If a person has prepaid for outings or functions and then decides to withdraw for whatever reason, they will not receive a refund. Instead, it is their responsibility to find a nominee or replacement and to advise the Activities Co-ordinator/Activities Assistant of the change prior to the event.

This is a common practice in many organizations to ensure that costs of the change are covered, and plans are not disrupted by last-minute changes. It also protects participating members of increased costs and the cancellation of the event for lack of numbers.



Val, Chris Grice and Una (our oldest member?) cutting the cake, with assistance from Graeme, Francesca, Elly and Judy.

Loved the typo on the cake! Many thanks to Grace Grace MP for supplying it





CEO Chris Grice, President Anne.

At the Bruns.....



Elly and Caji



Una

<- Paul with his certificate of appreciation for all his assistance.

**CEO Chris Grice** discussed NSA advocacy for seniors in relevant areas, and NSA input into our Federal Budget priorities.

Board members and senior staff of National Seniors Australia have taken their advocacy on your behalf direct to Parliament House, and spoke to **Parliamentary Friends of Seniors** (a nonpartisan group of MPs and Senators) Mr Grice used the Canberra gathering to draw attention to **National Seniors' 2024 Federal Pre-Budget Submission**, which "puts forward recommendations around cost of living, housing and health that provide direct relief coupled with longer-term policy reform to ensure we maintain our standard of living". Also of interest was the mention of **Everal Compton, founder of NSA**, who was part of the group.

Mr Compton has a fascinating website, <https://everaldcompton.com/>, which is well worth a browse.



**PHOTO - CEO Chris Grice, NSA Chair Ross Glossop, and Everal Compton Am, AO, in Canberra.**

### MARCH LUNCH



#### Lunch at Bisou Bisou.

Joan's birthday was celebrated with a sweet gesture from Bisou Bisou staff, who kindly presented Joan with a birthday profiterole with candle!

### MARCH MEETING RAFFLE PRIZE WINNERS

The Bakeologists \$50 voucher (Grace Grace MP): Trish  
Brunswick Hotel \$30 Food & Drink Voucher: Anne St  
Savour \$50 Voucher (Cr Vicki Howard): Graeme K  
Lucky Door Prize (NF Cinema tickets): Greg G  
Extra prize (bath products Paul S



### APRIL BIRTHDAYS

Helen MURA Una O'SULLIVAN

### WELFARE

Please notify Graeme Kidd of any member that you know who is ill or injured, so that we can give our support where needed. **PHONE 0418 735 266**

### ACTIVITIES & DATE CLAIMERS for NSA NEW FARM Branch



### THE BRUNSWICK STREET BOOK CLUB

Tuesday 7th APRIL at 2pm at the Brunswick Hotel.

The book for **APRIL** is WOLVES EAT DOGS by Martin Cruz Smith

If you are interested, give Dani a call on 33585908 or email her at [danielledevalera@gmail.com](mailto:danielledevalera@gmail.com)

Members are welcome to purchase a delicious lunch in the bistro beforehand to set themselves up for the meeting. Coffee is also available.



### DINNER

Thursday 18th APRIL at 12md

The Klay Oven, 5/110 Macquarie St, Teneriffe

(Actually, around the corner in Florence St.)

Dessert at La Macelleria Gelateria, (just up the block)

Please advise Frances Munro on **0422489406** if attending or cancelling.



### LOLA DAYS – DIFFERENT DAYS FOR DIFFERENT PEOPLE

There are no outings arranged for April. The ladies are resting!

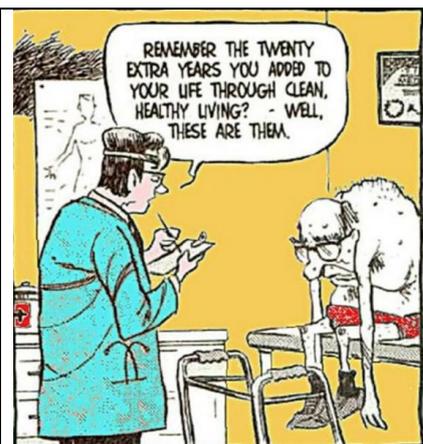
### OUT AND ABOUT IN THE COMMUNITY

### NEW FARM LIBRARY

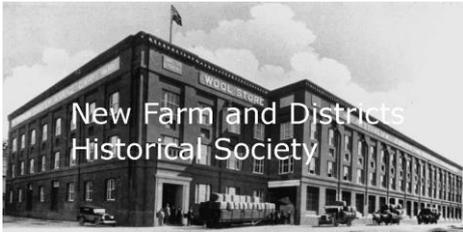
FIRST FRIDAY BOOK CLUB Fri 5<sup>th</sup> APRIL 10:00am

Please contact the library for monthly reading selection.

New members welcome. Bookings NOT required. Free.



## NEW FARM AND DISTRICT HISTORICAL SOCIETY



**SAT 27th April - Speaker Tamsin O'Connor, on the Brisbane Centenary Celebrations on 1924.**

**CONTACT – [info@newfarmhistorical.org.au](mailto:info@newfarmhistorical.org.au)  
[www.newfarmhistorical.org.au](http://www.newfarmhistorical.org.au)**

### **A Wander Down Wickham Street**

**Saturday, 20th April 2024** Come and explore the social and retail history of one of Fortitude Valley's main arteries with professional historian Robert Allen. Beginning at Centenary Place Park and finishing at Holy Trinity Anglican Church, the tour will focus on the Valley's social and retail history, comparing the past with what survives today. <https://newfarmhistorical.org.au/a-wander-down-wickham-street/>

### **ANZAC SQUARE & MEMORIAL GALLERIES free guided tours.**

Booking a free guided tour is the best way to enrich your experience and make the most of your visit to Anzac Square & Memorial Galleries. Our knowledgeable guides will bring history to life as they lead you through the interactive exhibition; connecting you with the selfless men and women who have served Australia in conflict and peace for over a century.

Our free guided tours are available to book Sundays at 10:30am, 11:30am, and 12:30pm, plus weekdays during the Queensland school holidays. For additional dates and times, please contact our friendly team on 0466 922 259 or email [anzacsquare@slq.qld.gov.au](mailto:anzacsquare@slq.qld.gov.au) and we will try to accommodate you.

**NOTE: In April, extra tours are available, 2 a day from 2<sup>nd</sup> to 24<sup>th</sup>, and 28<sup>th</sup>.**  
<https://www.anzacsquare.qld.gov.au/whats-on/free-guided-tour-anzac-square-memorial-galleries-0#dates>



When you go into court, you are putting yourself in the hands of twelve people who weren't smart enough to get out of jury duty.



**The Correct term  
for gluten-free  
sugarless vegan  
brownies  
is "compost".**

**Cats have nine lives which makes them good for experimentation**

**At my age 'getting lucky' means walking into a room and remembering what I came in for.**

**One nice thing about egotists: they don't talk about other people.**

**7 course Irish meal – 6 pints and a potato.**

**The things that come to those who wait will be the things left by those who got there first.**

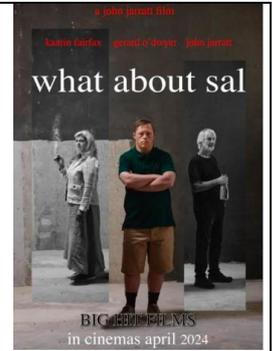
# NEW FARM CINEMAS <sup>SIX</sup>

## WHAT ABOUT SAL

Friday 19th April film commences 6.30pm with a Q&A with John Jarratt afterwards.

Big Hit Films Releases the Feel-Good Movie of the Year, What About Sal, a John

Jarratt Film. Aussie acting legend, John Jarratt will present his third feature "What About Sal" in 2024. Starring the award-winning actor Gerard O'Dwyer who is a proud Down Syndrome man in the leading role, the film is set to be the feel-good movie of the year. "What About Sal" is a heart-warming story about a young man in his thirties with Down syndrome who lives with his mother and discovers she is dying from lung cancer with only months to live. What follows is a journey to find his estranged rock musician father whom his mother has vague memories of after a one-night stand that resulted in Sal.



## THE TRUST FALL: JULIAN ASSANGE

Saturday 13th April at 4pm, with special introduction by the Writer & Director Kym Staton.

Despite being detained, silenced and hidden from public view in maximum security Belmarsh Prison, multi-award-winning Australian journalist and publisher Julian Assange has become one of the loudest voices for free speech of our times. He has also risked everything to bring truth to light.

The disclosures of WikiLeaks and Assange from 2010 onwards ignited a firestorm of controversy and a relentless ongoing pursuit by the most powerful Empire on the planet.

'The Trust Fall: Julian Assange' examines the meaning and significance of the insights that WikiLeaks shared with the world, the resulting behaviour of the governments involved, the extraordinary personal risk taken by Assange, and the wider fundamental issues around press freedom that affect all of us and our right to know.

Filed over two years on three continents and in ten cities, the film features an array of luminaries including Daniel Ellsberg, John Pilger, Tariq Ali and Chris Hedges, with the insights of experts including Jennifer Robinson, Jill Stein, Stefania Maurizi and Nils Melzer, in addition to reflections of Assange's family including Stella Assange, John Shipton and Gabriel Shipton.

Examining the motives of this peace activist and innovator, this astounding, shocking and inspiring film invites viewers to embark on a journey of understanding, where the circumstances are unprecedented, and the destination unexpected.

**"If wars can be started by lies, peace can be started by truth" - Julian Assange**



## LORD MAYOR'S CITY HALL CONCERTS:

**Tue 2nd APRIL 12:00pm to 1:00pm - ANDREW SISTERS TRIBUTE.**

The original Andrews Sisters trio active during WW2, spread joy through patriotic duties, war-time entertainment, and autograph for troops. This ensemble revives their classic tunes like 'Boogie Woogie Bugle Boy', 'Rum & Coca Cola' & 'Chattanooga Choo Choo,' featuring lively vocals, backing riffs from the Boogie Beatu Horns, and a swinging rhythm section.

With a mix of modern tunes in the original Andrews Sisters' style, the show is suitable for the younger audiences. Whether it's a trip down memory lane or something more recent, join us for a memorable experience!

**Tues 9th APRIL 12:00pm to 1:00pm - CELTIC QUEENS.**

Immerse yourself in the Celtic sounds of Susanna O'Leary and Wendy Lang. Blending their lush vocals, Susanna and Wendy will perform classics like 'Danny Boy', contemporary favourites like The Corrs', 'Runaway' and Enya's 'May It Be', and upbeat instrumental jigs.

Susanna and Wendy have performed at Brisbane City Hall, Brisbane Powerhouse, Woodford Folk Festival, Mosaic Festival, Valley Fiesta, and more. In recent years, they have been regularly spotted performing St Patrick's Day shows on the Queen Street Mall Main Stage.

**Tues 16th APRIL 12:00pm to 1:00pm - FROM EAST TO WEST.**

This concert will include a selection of melodious works for flute (Dr Karen Lonsdale), cello (Renat Yusupov), and piano (Dr Hila Yusupov) by composers from the East to the West.

Then enjoy a fascinating musical trip with Francis Gilfedder around the monsoonal countries of India, Thailand, Vietnam, Indonesia, Australia, China, and Japan. Experience a diverse set of traditional flutes and other instruments, including the tabla, pungi, or snake charmer' danmoi jaw harp, crafted from a Vietnam War bullet, and the khaen, an ancestor of the pipe organ.

**Tue 23th APRIL 12:00pm to 1:00pm – Aaron Jansz Presents: THE MUSIC OF ROGERS AND HART.**

Composer Richard Rogers and lyricist Lorenz Hart created 28 stage musicals and over 500 songs, many of which have become established classics within 'The Great American Songbook'. Some of their century-old songs have been performed and recorded by artists including Ella Fitzgerald, Frank Sinatra, Miles Davis, Harry Connick Jr., and Diana Krall.

Performed by an exceptional ensemble of Brisbane musicians, led by drummer Aaron Jansz, this program celebrates the prolific duo's work, featuring original and inspired arrangements of classic show tunes, including songs from Babe in Arms, The Boy From Syracuse and Pal Joey.

**Tue 30th APRIL 12:00pm to 1:00pm – CARNIVALE TROPICALE.**

Evoke Dance and Theatre Company will fill your senses with an extravagant celebration of the rich and colourful cultures of South America and the Caribbean embracing music and dance.

**NEW FARM BRANCH COMMITTEE AND ASSISTANTS FROM SEPTEMBER 2023**

**PRESIDENT** Anne Stubbington 0427 749 272 [president.nsa.newfarmbranch@gmail.com](mailto:president.nsa.newfarmbranch@gmail.com)  
**VICE-PRESIDENT (MEMBERSHIP)** Jenny Milner 0411 292 453 [membershipsanewfarm@gmail.com](mailto:membershipsanewfarm@gmail.com)  
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**ACTIVITIES CO-ORDINATOR** Diane Gage 0438 596 798  
**GENERAL MEMBER/RAFFLES** Dell Marshall 0432283314

**VOLUNTEERS 2023-24**

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**ACTIVITIES ASSISTANT** Trish Ferguson 0410404528  
**SPECIAL EVENTS ORGANISERS** Pat & Margaret Pacey and Graeme & Carolina Kidd  
**TREASURY ASSISTANT** Eileen Martin  
**MORNING TEA ORGANISER** Val Murphy **MORNING TEA ASSISTANT** Helen Mura  
**MEMBERSHIP ASSISTANT** Greg Russell  
**GENERAL MEETING HOSTS** Matthew Murphy, Beryl Watson, Margaret Morrissey, Danielle Ellis

**MORE NEW DEFINITIONS**

**Glibido:** All talk and no action.

**Dopeler Effect:** The tendency of stupid ideas to seem smarter when they come at you rapidly.

**Arachnoleptic Fit (n.):** The frantic dance performed just after you've accidentally walked through a spider web.

**Beelzebug (n.):** Satan in the form of a mosquito, that gets into your bedroom at three in the morning and cannot be cast out.

**Caterpallor (n.):** The color you turn after finding half a worm in the fruit you're eating.

**Artest** - an artist whose art is aimed towards testing the audience's gullibility, ex by presenting oil paintings created by monkeys as the newest and hottest artistic genius in the new field 'primal art'.

**Decafalon (n.):** The grueling event of getting through the day consuming only things that are good for you.

**Nonversation:** A completely worthless conversation, wherein nothing is illuminated, explained or otherwise elaborated upon. Typically occurs at parties, bars or other events.

**Destinesia:** When you get to where you were intending to go, but forget why you were going there in the first place.

**Unkeyboardinated:** Lacking physical or mental keyboard coordination; unable to type without repeatedly making mistakes.

