

National Seniors

AUSTRALIA

Perth Western Suburbs WA

Newsletter August 2024

Perth Western Suburbs Branch usually meets at 9.30am for 10.00am on the second Thursday of each month at Mount Claremont Community Centre, 109 Montgomery Avenue, Mount Claremont WA 6010.

Bank Account: National Seniors Australia

Perth Western Suburbs Branch

BSB 036 063

Account 257852

Our website is:

<https://nationalseniors.com.au/about/branches/perth-western-suburbs>

Our meetings are currently subject to the COVID-19 regulations of the day as imposed by the WA State Government and the City of Nedlands. There are presently no restrictions

Acknowledgement of Country

The Members of Perth Western Suburbs Branch of National Seniors Australia wish to acknowledge the Traditional Owners and Custodians of the Whadjuk Noongar Nation, on whose Lands we conduct our meetings, and pay our respects to the Noongar Elders past and present.

2023-2024 Officers:

President:	Terry Middleton	0417 171 844 mylemms@bigpond.com
Vice Pres:	David Thomas	0418 448 933 david@r2rservices.com.au
Treasurer	Joseph Lieberfreund	0429 809.080 joseph@airbell.com.au
Secretary	Derek Cockle	0417 939 420 secretary@nsaperthws.org.au
Membership	Marion Laws	08 9387 8383 Marion_laws@hotmail.com
Newsletter	Terry Middleton	0417 171 844 mylemms@bigpond.com

We thank Christine Tonkin MP for enabling this newsletter to be printed

FROM THE EDITORS FLOREAT DESK

After a mildly eventful month of July we are only about 6 weeks away from the Branch AGM on September 8th, which will see some changes in the management personnel. After about 12 years as a committee member in a number of roles, your editor will be standing down as Branch President and newsletter editor and taking a well-earned rest (?). In addition, Secretary Derek Cockle will not be renominating for that role.

So, we are looking for new blood to bolster the committee numbers so please consider joining and get your application form from Derek. You do not need to apply for any specific role and you will not be press-ganged into one.

Otherwise I have plenty of my own stuff to be getting on with, eg memoirs, self-managed super fund running and digging up Marion's garden.

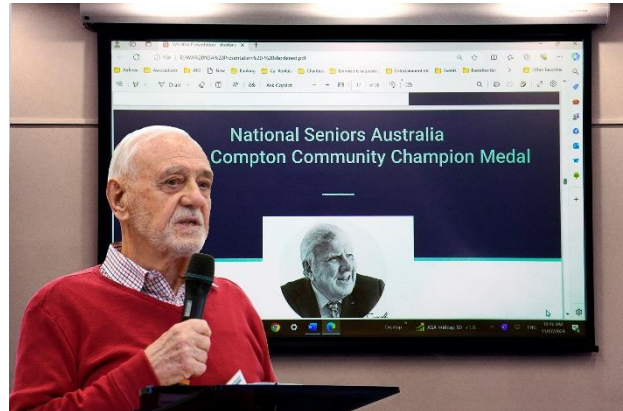
A big thank you to all of my fellow members.

RECENT EVENTS

Branch Meeting - Thurs July 11th .

This was held at the Mt Claremont Community Centre as usual, and the preliminary item was a “show and tell” by Secretary Derek Cockle based on a video from Brisbane Head Office on the workings of NSA.

The Principal Guest Speaker was journalist and author Richard Goodwin, presenting on his recently published biography of reputed Australian photographer Bill Angove: “Sparks of Genius”. We found Richard to be a very good presenter to the 65 attendees.



Derek Cockle



**Richard Goodwin x 3,
Courtesy Jean-Pierre Hericher**

Branch Planning Forum – Thurs July 18th.

This was facilitated and directed by Secretary Derek Cockle at the councilors rooms, of the RAS Showgrounds, and 15 members took part. A wide range of topics including NSA national organization, advocacy on aged care, Federal budgets, communications, magazines, travel & insurance services etc. were put forward by Derek This was followed by discussion on our branch organisation and operations, including ideas for future meeting topics & speakers, tours, lunches & dinners etc.

Overall, most participants were satisfied with their membership of NSA with some worthwhile suggestions for improvements of future branch meetings and social interaction.

A detailed analysis is being prepared by Derek and will be reported on in coming weeks to local branch and national level.

LOOKING AHEAD

Branch Meeting Thursday, August 11th, 9.30 for 10.00am. This will be held at the Mt Claremont Community Centre as usual.

By way of something completely different after our preliminaries, we will be regaled by the presence of the holder of the State seat for Nedlands, Katrina Stratton MP, who will present a certificate, commemorating the grant of \$10,000 by the WA Lotteries Commission, to Joseph Lieberfreund, our treasurer and music impresario,, on behalf of NSA Music. This will go towards the staging of at least two more concerts, this year, including the Christmas extravaganza.

The guest speaker, after morning tea, will be Jon Broomhall, Assistant Commissioner of Metropolitan Operations for the Department of Fire and Emergency Services, and son of our long-term members Andrew and Margaret Broomhall, and also a former maths student of our Membership secretary, Marion, who helped him along the way.

With 30 years of operational experience, he is responsible for 25 career personnel manned Fire & Rescue Stations as well as 25 volunteer stations and various other units – so he has our backs well and truly covered

Branch Meeting and AGM, Thursday September 12th, 9.30 for 10.00am. To be held at the Mt Claremont Community Centre, as usual. At the outset, all officer positions will be declared open and election (or appointments) for new positions (as officer or committee

member) held. Application forms, for just committee member or specific officer-ships, may be obtained from Secretary Derek via his email or at the August 11th branch meeting. We desperately need new blood here, as both the president and secretary will not be standing for their current positions.

Following morning tea, the guest speaker will be (no surprises here) Geoffrey Thomas, aviation guru, who will serve up the latest that the industry can provide, including, hopefully, some lower prices

SOCIAL & OTHER EVENTS etc

Marion's T-Box Afternoon Tea, Thursday August 15th, 2.00pm At Lake Claremont golf course, Lapsley St, Claremont. Everybody is welcome, especially newcomers to the branch.

Xmas in July Lunch, Odin Tavern, Erindale Rd Balcatta, Thursday July 25th. The very accommodating crew at the Odin once again put on excellent "Xmas" fare for 17 of our members, and many other appreciative folk.

Lunch at the Pavilion Restaurant, Joondalup TAFE, Tues August 20th 12pm. This is a **55+** event sponsored by Floreat Salvos and the Town of Cambridge and the cost is \$30 for a 3 course meal + tea/coffee. Book via Malcolm 0418 906 478 or nolagoff@hotmail.com or gary.armstrong2@salvationarmy.org.au .

The Salvos bus can be used – request seats on booking. It departs from Floreat Salvos at Brookdale St, Floreat at 11.15am

Wonderful Wattles Walk, Kings Park, Wed August 21st, 10.30am – 12noon. This is a guided, 2km stroll through the Botanic Park Acacia Garden, looking at all things wattle, and leaving from the Kings Park Visitor Centre, adjacent to Aspects of Kings Park. The cost is \$10 and bookings may be made at Eventbrite.com.au Wonderful Wattles Walk.

It's a do-it-yourself job booking and getting there but you can enjoy a coffee with Marion and Terry afterwards.

MARION'S CORNER

Change of email address etc. If you are changing, or have changed, your address, email or contact details, please email Marion as per her email on the front page, or at the branch meeting.

Subsidised Rottnest Ferry tickets. If you have a WA Seniors card you can book a day return trip to Rotto with either of the ferry operators for \$30 up until Sunday August 18th, courtesy of the WA Government. Accommodation is not included.



A Kings Park wattle

IBERIAN INTERLUDES – A TRAVELOGUE

Lisbon.

Following their wonderful guided tour of Morocco in April, Marion and Terry flew from Marrakech over to Lisbon, Portugal, for a 3 day sojourn. This was part of following in the footsteps of the Moorish, ie Berber and Arab invaders of the southern Iberian Peninsula during the 7th century CE.

We found Lisbon a grey but gracious city, and as with most places at that time, crawling with tourists especially the hordes from a giant cruise liner who all wanted to go on the 28 tram up to the Castello St Jorge, through the winding back streets of Barrio Alto. Fortunately, the 12th

century small cathedral on the way down offered some refuge.

The hilly, town of Sintra, an hours train-ride west of Lisbon, although also tourist plagued, provided pleasant forest walks and a trek up to a very scenic Moorish hilltop site fort. Fortunately, after our >10,000 steps, we picked up a bus to the train station, thence back to Lisbon for dinner of the national dish – sardines.



The renowned No 28 tram, Barrio Alto



Terry at the Moorish fort, Sintra

Lisbon, Portugal to Seville, Spain.

We set out on a Sunday morning on an Alsa bus from Sete Rios bus station for the ~550km trip to Plaza da Armas, Seville, a pleasant enough 7hr ride through rolling countryside with extensive olive and citrus plantations.

In Seville, once again, too many tourists so could not get into the Alquavir or cathedral but walking the corniche on the Rio Guadalquivir was pleasing and the magnificent Plaza de Espana is a stunning 1920's Spanish/Moorish revival palatial central building complex in sculpted terraces and fountained lakes in extensive gardens. We were fortunate to happen on an impromptu exhibition of flamenco dancing and music in a forecourt. This part of the city is orange tree-lined, giving rise to delightful aromas.



Flamenco at Plaza de Espana, Seville

