

National Seniors

AUSTRALIA

Perth Western Suburbs WA

Branch Newsletter - October 2024

Meeting Venue : Our Branch meets at 9.30am for 10.00am on the second Thursday of each month at Mount Claremont Community Centre, 109 Montgomery Avenue, Mount Claremont WA 6010.

Bank Account : Our account is with Westpac Bank in name of National Seniors Australia Perth Western Suburbs Branch ;

BSB: 036 063 Account: 257852

When making payment, please identify by your name & type of payment – e.g. “concert”, etc.

Website :

<https://nationalseniors.com.au/about/branches/perth-western-suburbs>

Our meetings may be subject to the COVID-19 regulations of the day as imposed by the WA State Government and the City of Nedlands. However, there are presently no restrictions.

Acknowledgement of Country

The Members of Perth Western Suburbs Branch of National Seniors Australia wish to acknowledge the Traditional Owners and Custodians of the Whadjuk Noongar Nation, on whose Lands we conduct our meetings, and pay our respects to the Noongar Elders past and present.

NEWLY ELECTED BRANCH OFFICERS FOR 2024/2025

President: **Joseph Lieberfreund** 0429 809.080
Email: president@nsaperthws.org.au

Vice Pres: **David Thomas** 0418 448 933
Email: vice-pres@nsaperthwa.org.au

Secretary; **Derek Cockle** 0417 939 420
Email: secretary@nsaperthws.org.au

Treasurer: **Larry McIntosh** 0416 161 816
Email: treasurer@nsaperthws.org.au

Membership: **Marion Laws** 08 9387 8383
membership@nsaperthws.org.au

Newsletter: **To be advised.**

We thank Christine Tonkin MP for enabling this newsletter to be printed.

FROM THE EDITOR'S DESK

After many years on Committee as Treasurer, Newsletter Editor, & more recently as President, Terry Middleton has decided to retire to the “back benches”. Our sincere thanks & appreciation for many years of service to NSA.



A new Editor is currently being sought, but in the meantime, I'm acting temporarily in this capacity !

Derek Cockle

Secretary & temporary Editor !

LOOKING AHEAD

Branch Meeting – Thurs 10 Oct, 9.30 for 10.00am. Our guest speaker will be David Beard, a Fulbright Scholar with post graduate qualifications from W.A, Edith Cowan & University of Arizona. His topic will be “Ageing Well” in which he will share the lessons that he has learnt from some amazing old timers & eight years study at three different universities on two continents. His ongoing research will give us the most up-to-date information on ageing and health. Refer to detailed information recently circulated to all members.

Branch Meeting - Thurs 14 Nov. Our guest speaker will be Prof. Martin Van Kranendonk, a world-renowned astrobiologist, geologist & early Earth expert. He has recently been appointed as Head of School of Earth & Planetary Sciences in the Faculty of Science & Engineering at Curtin University. More details to follow.

SOCIAL & SPECIAL EVENTS

Claremont Golf Course T Box Café - Thurs 17 Oct & 21 Nov - These social coffee meetings are organised by Marion Laws. Tables have been booked for 2 pm – so see you there ?

NSA Gala Christmas Concert – Sat 7 Dec to be held in Taryn Fieburg Concert Hall, Churchlands Senior High School, commencing at 7 pm. Our Impresario, Joseph, has now confirmed arrangements with a huge orchestra & choir. This will be an opportunity not to be missed - look out for the forthcoming more detailed flyer.

Christmas Lunch – Thurs 12 Dec - This year for a change, our venue will be University of W.A. Club, Hackett Drive, Nedlands. Full details to be advised shortly.

RECENT EVENTS

Branch Meeting & AGM - Thurs 12 Sept. Our new Committee was elected with Joseph Lieberfreund as President, David Thomas continuing as Vice-President, Derek Cockle as Secretary, Larry McIntosh as new Treasurer, Marion Laws as Membership Secretary & Committee Sue Haydon.

There are still vacancies for more Committee members willing to fill vacancies for Newsletter Editor, Speaker Seeker, etc.



President Joseph



Vice-President David

At the conclusion of our AGM David awarded well-earned Certificates of Appreciation & small gifts to our hard-working catering team of Bev Breadmore, Joye Woolhouse, (photos below - sorry we couldn't fit all the photos in !!), to Del McDonald, Sandra Spiro, Sharon Thomas, Judie Wright & Peggy Liley.



Bev Breadmore



Joye Woolhouse,

Our speaker was the ever-popular aviation & travel Expert Geoffrey Thomas who gave us a fascinating exposition on the present position of the travel & aviation industry & latest research on the location of Malaysian flight 370. Email copies of his PowerPoint presentation are available from Secretary Derek upon request.

Visit to RAAF Museum – Mon 16 Sept –

Several of our members enjoyed a tour of the Aviation Museum at Bullcreek, including an excellent lunch, all well organised by Floreat Salvo's in conjunction with the Town of Cambridge. Our thanks to organisers Garry & Nola Goff.



Music Concert – Thurs 26 Sept. This was enormously successful with an attendance of just over 200 members & guests in the Paul Latham Auditorium, Churchlands Senior High School.



We were entertained with an orchestra of some twenty very talented senior UWA graduates under the direction of Conductor Daniel Corvaia playing music by Haydn & Mozart. The concert was possible due to expert organisation by our maestro President Joseph & by very generous grants from the Lotteries Commission & City of Stirling.

Perth Planning Workshop – Fri 3 Oct. – Our Secretary Derek Cockle was invited to facilitate this Workshop attended by some 22 members of Perth Branch on similar lines to our own Forum held last July. Copies of Derek's Report & Recommendation arising from our original Forum will be circulated to all members of our Branch in the next few days, following a review by your new Committee.

OTHER UPCOMING EVENTS

Salvo's Annual Fete – Sat 19 Oct – Floreat Salvo's from 9 am – 2 pm. Please support those who support us – a detailed flyer to follow.

Scam & Cyber Workshop – Sat 16 Nov – Our friends at Floreat Salvos in conjunction with Town of Cambridge & 55+ Club have organised a workshop from 10 am until midday at their premises, corner Boulevard & Salvado Road, Floreat, which is sure to be of great interest to our non-savvy computer members. Cost is \$5 per person & includes morning tea. A detailed flyer to follow. *Applications & payment to Floreat Salvo' – not NSA !*

St Hilda's Spring Fair - Sat 9 November - You are invited to join several of our members who regularly support this fun event which will be held at St Hilda's Anglican Church, View Street, North Perth between 8.30 & midday. There will be many interesting stalls including plants, home baked cakes, Indian food, books, paintings & clothing. A grand morning tea will be available including fresh lemonade.

LOOKING FURTHER AHEAD - PLANS FOR 2025

Spare Parts Puppet Theatre – Vice-President David Thomas is organising a performance specially for NSA members at Claremont Showgrounds on a date to be advised in January.

Sabrina Hahn – “Gardening Guru” – President Joseph is arranging for us a grand gardening event at a venue & date, likely to be early/mid 2025. Watch this space!

Branch Meeting – Thurs 13 Feb – Speaker will be Prof. Nick Beeching whose topic will be “Traveler's Tales” – what to catch & where to catch it”. Let's hope it will not be infectious, apart from the humour !

ELSIE TESTER – OUR QUIET ACHIEVER



You will all recognise Elsie; she is a dependable helper at the registration desk from 9am at every branch meeting.

Elsie Tester joined National Seniors Australia on the 7th November 2001. She has been active in Perth Western Suburbs, Perth, Joondalup and Hillary's branches since then. In addition, Elsie also is a member of the Branch Network Forum.

She rarely misses meetings, which is an incredible feat because she has an encyclopaedic knowledge of the Transperth public transport system and the location of lifts. Many bus drivers know that they have to extend the ramp for her wheely walker. Her entertainment, to while away the time travelling, is a vast array of puzzle books.

She has raised considerable funds for branches from the sale of her handicrafts at our meetings over many years, (\$200 in 2023/24 alone, listed in our accounts as "Fundraising"), particularly her production of towels which you can hang on your kitchen cabinets. If you ask her why she does this, her reply is "All branches need help with funds to survive, and this is my contribution".

National Seniors in Perth would not be the same without Elsie's valuable contribution in service.

Terry Heptinstall

Members will be sad to learn that long-time member Terry passed away suddenly a couple of weeks ago. Our sincere condolences to his widow, Hillary.

Fundraising - Sale of Paintings

Member Joy Flower is raising funds for homeless mums & kids in support of Zonta Perth & is inviting you to her home to view & purchase her paintings. Please contact Joy by email - flowerjoy004@gmail.com for visit times & her address, etc.

HELP !! – COMMUNITY HALL SET-UP

A plea to enlist the help of two or three able bodied members to help set up chairs, tables, etc., from 8.45 am prior to each Branch meeting. At present this is being done by only a couple of not so young guys & they would appreciate some help !

Just to finish

An elderly gentleman had serious hearing problems for a number of years. After consulting his doctor, he went to the local audiologist who fitted hm with a set of hearing aids that improved his hearing by 100%. The elderly gentleman went back about a month later to his doctor who examined him and said "Your hearing is now just about perfect ... your family must be really pleased that you can hear again ?" The gentleman replied "Oh, I haven't told my family yet. I just sit around and listen to their conversations. I've since changed my will three times !"

Sound familiar ?

That's it folks - until next month !

Derek J Cackle

Secretary/Temporary Editor