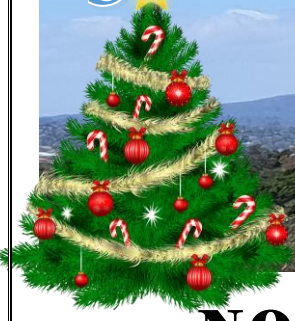


# Yarra Ranges Grapevine



The Journal of the National Seniors Australia Yarra Ranges Branch Inc  
Incorporation No. A0048800C Branch No 100132

## NOVEMBER & DECEMBER 2024

### **PLEASE NOTE: Membership Renewals & Joining Members**

Please ensure you use the 'Yarra Ranges NSA Application Forms' at the end of this 'Grapevine' & give to the Branch Secretary. By using our form, this informs NSA that you are a member of this Branch. The Branch receives a small annual payment for your Membership.

[Click here for Membership Form](#)

### **Branch Meetings 2024**

**Monday – 11 November  
7.00pm for 7.30pm start**

**“McKillop Family Services”**

**Guest Speaker  
Janelle Baldwin**

**Monday – 9 December  
6.30pm**

**‘Chew’n’Chat’**

**‘EOY PICNIC Meeting’**

**At**

**Lilydale Lake Community Rm**

**No Meeting in January**

**(Speaker ideas please)**

**If you have a suggestion for a  
‘Guest Speaker’ please let a  
Committee Member know.**

### **President's Report**

*Hi Members,*

*It's close to Christmas again this year.*

*As we all are aware Pamela Bingley has retired from Vice President and Welfare Officer. Her services have been much appreciated and I thank you Pamela for the work you have done.*

*Thanks to Steve Nicholls for stepping up as Vice President and Welfare Officer to replace Pamela.*

*Thanks to Anne Boyle who has kindly decided to continue as our Treasurer, looking after our finances.*

*Hope to see everyone at the Lake Hall on Monday 11<sup>th</sup> November.*

*Happy reading.*

*Trevor President*

### **REMINDERS!**

Please give Chris your –

- Christmas Dinner Money
- Christmas Raffle Money
- Hamper donations



### **COMMUNITY INFORMATION NOTICE:**

JP facilities are available at the Croydon & Lilydale Police Station on the following days and times –

Croydon	Tuesdays	10.00am to 1.00pm
Lilydale	Thursdays	10.00am to 1.00pm

**Yarra Ranges NSA Branch Committee**

**President**

Trevor - ☎ 9735 1104

**Vice President & Welfare Officer**

Steve - ☎ 0427 642 394

**Secretary**

**Newsletter Editor**

Lyn – ☎ 0459 155 527

Email: [yarrarangesnsa@gmail.com](mailto:yarrarangesnsa@gmail.com)

**Treasurer**

Anne - ☎ 97265135

**Activities Coordinator**

Chris - ☎ 0419 528 446

Email: [chrishill3@bigpond.com.au](mailto:chrishill3@bigpond.com.au)

**Guest Speaker Coordinator**

Vacant

**Web Administrator**

Patrick

☎ 0413 726 726

**Committee Member**

Elaine - ☎ 0427 642 394

Kathy - ☎ 0438 257807

*Welfare Officer Please contact our WO if you know of anyone who is unwell, having an operation, in need of help or has passed away within the family. Vice President & Welfare Officer Steve on ☎ 0427 642 394*



**Congratulations to!**

*13 November Valda*

*6 December Gail*

*18 November Colleen*

*11 December Helen*

*20 November Lois*

*14 December Lorraine*

*We would like to celebrate your day!  
Don't forget to email / phone your birthday & month to Lyn*

**DIARY DATES**

**'WELCOME' to our BRANCH MEETING DATES - 2<sup>nd</sup> Monday of the Month**

**Meet at:** 'Lilydale Lake Community Room', Lilydale Lake Rd, off 435A Swansea Rd Lilydale

**Monday 11 November @ 7.00pm for 7.30pm start**

**"McKillop Family Services" 'Guest Speaker: Janelle Baldwin**

**Monday 9 December @ 6.30pm**

**'Chat'n'Chew – EOY Picnic'** at Lilydale Lake Community Room



Please email your ideas for **Guest Speakers** or **Activities** to – [yarrarangesnsa@gmail.com](mailto:yarrarangesnsa@gmail.com) or pop it in the **'Suggestion Box'**

**COMMITTEE MEETINGS - 1<sup>ST</sup> Monday of Month**

@ Chris' place

**Monday – 4 November**

**Monday – 2 December**



**\* NOTE FROM CHRIS \***

Everyone needs to please **text or email** Chris - ☎ 0419 528 446

Email: [chrishill3@bigpond.com.au](mailto:chrishill3@bigpond.com.au)

**with any changes** they want to make after they have put their name down for an 'Outing & About' / 'Dining Out' / 'Morning Melodies'.

Also, if you put their name down for an 'Outing & About' / 'Dining Out' / 'Morning Melodies' please make sure you **put it in your diary**, so you don't overlook or forget what you have made a commitment that date.



**'OUT & ABOUT' - BLUE**

**'DINING OUT' - PINK**

**'MORNING MELODIES' - GOLD**



**Activities**

**Please Contact Chris 'Activities Coordinator' to Book and to cancel in time**

**Please Note:** All payments in an **envelope** with **name**, amount of **payment** and **Activity name**. This will be a great help. Thank you, Chris

**'Out & About' - Blue**

**'Dine Outs' - Pink**

**'Morning Melodies' - Gold**

**MORNING MELODIES @ The International Hotel Maroondah Highway Lilydale**

**Please note:** Order lunch before show at 11.00am. Lunch 12.00noon

**Wednesday 6 Nov @ 10.30am**  
**Wednesday 13 Nov @ 12.30pm**  
**Sunday 1 December @ 5.30pm**

**Wednesday 4 Dec @ 10.30am**  
**Sunday 8 Dec @ 9am - 3pm**  
**Wednesday 11 Dec @ 6.30pm**  
**Thursday 19 Dec @ 6.30pm**  
**Monday 6 January @ 12.30pm**  
**Friday 10 January @ 6.00pm**

**'Lilydale Morning Melodies - Hit Parade'** - Andy Baker  
**'Carriage Café Lunch** 35 Seymour Street Seville  
**'Christmas Dinner'** - Sanctuary House 326 Badgers Creek Road Badgers Creek **Cost: \$55.00**  
**'Lilydale Morning Melodies - Super 70s Show'** - Jennifer Lee  
**'Lilydale Melba Festival & Street Fair' - Roster**  
**'Oro Doro Restaurant' Dinner** Hewish Road Croydon  
**'Inn Oom Thai Restaurant' Dinner** 133 Main Street Lilydale  
**'Branded Burgers Café' Lunch** 567 Warburton Highway Seville  
**'Fish'n'Chips by the Yarra' Dinner** Stiggants Reserve Warrandyte Mel 23 C12

**COMMUNITY EVENTS**

Contact Chris ☎ 0419 528 446

**Thursday 21st Nov @ 2.00pm**

We are packing 450 bags of lollies for **'Carols in Melba Park'** which will be held on Sat 14th Dec - **Volunteers needed please**

**Sat 16 & Sun 17 Nov various times**

**'Lilydale & Yarra Valley Show'** - Supervising **'Lost Children Area'**. There are a **few vacant Roster spots both days**.

**Sunday 8th Dec 9am - 3pm**

**'Lilydale Melba Festival & Street Fair - Volunteers needed please**  
We run a **'Lucky Dip'** for the children and chat to the adults

**Please consider helping to fill the Roster for the stall. It's fun chatting to the children and adults**



**'SATURDAY WALKS' - Contact Chris 'Activities Coordinator' for details**

**Please Note - Walks start 9.00am**

These 2 photos are from the different walks - do you know where? Answers in next 'Grapevine' Photos 1 & 2 in 'September & October' Grapevine' was from 'Lilydale Lake' Walk

**Sat 2 November**

Wandin to Seville



**Sat 9 November** Norton Road Croydon  
**Sat 16 November** Lilydale Lake - (Lilydale Show)  
**Sat 23 November** Barneong Reserve Croydon North  
**Sat 30 November** Killara to Seville  
**Sat 7 December** Mooroolbark Comm Centre  
**Sat 14 December** Norton Road Croydon  
**Sat 21 December** Lilydale Lake  
**Sat 28 December** Lilydale Lake  
**Sat 4 January** Dorset Reserve Croydon  
**Sat 11 January** Barneong Reserve Croydon North  
**Sat 18 January** Lilydale to Mt Evelyn  
**Sat 25 January** Mullum Mullum Burnt Bridge  
**Sat 1 February** Killara to Seville  
**Sat 8 February** Mooroolbark Comm Centre



**Note:** If there is an all day 'Out & About' organised, we won't be walking

## OTHER NEWSY BITS!

### Contributions to our Newsletter



**Have you been travelling?**

Have you attended a good show ?

**Have you read a good book?**

**Is there something you have experienced, that you would like to share with the members of the**

**Branch?**

**A story?**

**One-liners?**

**Photos from outings?**



## Springtime Travels – Sounds like a great Trip!

I was fortunate enough to head off on 'Botanica Garden' sightseeing tour with my sister in September this year. The weather was a windy & blustery time but the sun did shine & the rain stayed away.

Our tour guide was Judy Horton an OAM for her service to horticulture and is a member of the *Australian Institute of Horticulture* and the *Horticultural Media Association*. She is a keen gardener and is currently editor for the *Garden Clubs of Australia* magazine. So, we had a very experienced gardener to show us around. Our tour was Canberra's Floriade, New South Wales Tulips & Private Gardens in Spring.



Leaving Sydney on our tour bus we headed to *Mount Anna Botanic Gardens* – this garden is the native plant garden of the *Sydney Royal Botanic Gardens Trust* – it showcases the Australian flora with great displays.



Next, we headed to *Glenmore House* a private garden of Mickey Robertson. After Mickey and her husband, Larry,





purchased the original farmhouse, they gradually restored and extended it, with the various outbuildings being repurposed to fit in the with gardens & they provided us with a magnificent lunch.

Our overnight stay at the *Briars County Lodge* was most enjoyable this was just outside of Bowral in Burradoo. Stayed here for 2 nights. The views from our rooms overlooked a small lake with ducks around.



Our next morning was off to *Upper Woodlands Garden* located between Berrima & Mittagong. Charles and Lynne Moore, the owners, bought the 40-hectare property in 1989. Charles (who showed us around) has been creating this garden for



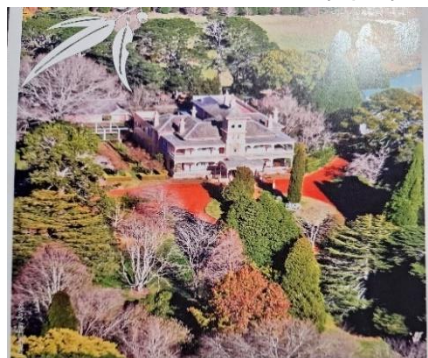
his post-retirement hobby. The garden has formal terraces and informal beds with magnificent views, creating pictures with every turn you made. He does put his home on the *Open Gardens* that these lovely properties can do



Next, we headed for the *Bowral Tulip Festival* for its annual event in spring blooms – very busy & very colourful at *Corbett Gardens* in the centre of Bowral. Tulip Time heralds the arrival of Spring in the Southern Highlands. Features around 80,000 mass planted tulips in all shapes and colours. After lunch we next visited *Retford Park* – which belonged to James Fairfax AC he gifted the house and gardens to the *National Trust of Australia (NSW)* in 2016. The Fairfax family played

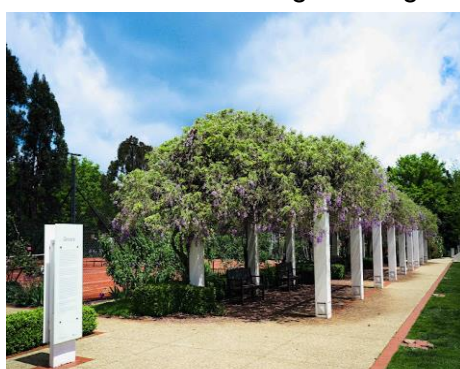


host to notable visitors, including members of the British & European Royal Families. The gardens were wonderful to walk through & view.



We then headed to Canberra for 2 days. We had a sightseeing tour of

NATIONAL TRUST Retford Park





Canberra & up to *Mt Ainslie* to view the layout of Canberra created by Walter Burley Griffin. A little unknown fact that most of the architectural drawings were done by his wife Marion Mahony Griffin but he got all the accolades. There is now a plaque stating this for visitor to see. Then were taken to the *National Gallery of Australia*. My sister & I chose to have a wander around and walked over to the *Old Parliament Gardens* & back

We had come to view *Floriade* & we were not disappointed. The wind was gusting and had been for several weeks. Most unusual for the area but we have been experiencing the same in Melbourne too. *Floriade* is the biggest flower festival in Australia and is set in the grounds of *Canberra's Commonwealth Park* on the shores of *Lake Burley Griffin*. It was its 37<sup>th</sup> year & the theme was 'Art in Bloom'.



If *Floriade* wasn't enough, then the private *Tulip Top Gardens* were magnificent. It has one of the best bulbs displays in Australia. It is 10 acres of magnificent tulips and other spring flowers nestled amongst hundreds of blossom trees. They play classical music as you wander around looking at all the sights and has Dutch food fare to eat too. Best display for me was for the tulips.



In the afternoon, we were taken to the *National Arboretum Canberra* which has its 94 forests of rare and endangered symbolic trees from Australia & around the world. Also, the artworks in the *National Bonsai and Penjing Collection* were on display. This tour was not a walking tour, we stayed on the bus – lots of trees to view & there is an area for where the famous people plant a tree or two. Royals, celebrities & political entities.



We left Canberra & drove through to Goulburn to visit Doug Rawlinson's *Kentgrove Garden*. As a child he had lived at this property while his father was the manager. Doug purchased it in 2006 and set about restoring it to what it is today. Doug's achievements include the creation of a 750 square meter 'Victorian Kitchen Garden', transforming an old tennis court into

a climate-resilient space protected by shade cloth, showcasing sustainable practices like 'no-dig' gardening



and onsite water sourcing. He had created a miniature 14<sup>th</sup> century medieval village





out of a fallen tree stump, an 800 square meter Japanese garden and a “B” Garden (Bee, Bird & Butterfly Garden)

After lunch we were taken to Nowra to visit Arthur Boyd’s Studio to wander through the English -style gardens and landscape that inspired Mr Boyd. Boyd and his wife gifted the place to the Australian people as a place for artists to work and create by the Shoalhaven River.



The homestead itself offers a glimpse into the history of Bundanon and the story of the Boyd family.

Once we arrived in Nowra we were taken to the *Yellow House Heritage Perennials* – small cottage garden. The owner Mim propagates all the plants she sells them. All are grown outdoors & have to cope with all weathers, so they are tough.



There were hundreds of different perennials in the nursery and Mim was particularly interested in the *Cranesbill Geraniums, Geums, Achilleas, Artemisias,*



*Heleniums, Salvias, Penstemons, Perennial Phlox & Sanguisorbas.* Now they are all a mouthfull but all very colourful to look at. She has an online business and if you like those sort of plants go to the website to check it out - <https://www.yellowhouseheritageperennials.com.au/>

From there back to Sydney – lots to do & see, very enjoyable. Happy gardening - Lyn J

\*\*\*\*\*



## Happy Birthday

Guess whose Birthday it was the day we went to our ‘Dine Out’ at the new ‘Chirnside Park Café’?

We had a good attendance of 20 Members who gave a hearty rendition of ‘Happy Birthday’ to Doris.

The carrot cake was good too.

Many happy returns and looking forward to many more Doris.

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## NEW EQUIPMENT

We have spent our *Volunteer Community Grant* plus extra for the ‘Microsoft Office Home & Business’ \$379 to operate the laptop.

Unfortunately, the price of the laptop had increased from this time last year by \$100 and the printer by \$50. The 2023 price was \$999 for the laptop and \$450 for the printer.

I drove a bit of a bargain with them and saved \$178 which meant we only paid \$201 for the software and this is what we have -

**Dell Inspiron 15 3000 15.6" i5 - 16GB RAM - 512GB Storage Laptop**

Retail \$1099

Paid \$985 – 18/10/2024

Retailer - Good Guys – Chirnside Park



**Brother Colour DCP  
Laser Multi-Function  
Printer (print – single &  
double sided, copy,  
scan & fax)**

Retail \$499

Paid \$435 - 18/10/2024

Retailer - Good Guys -  
Chirnside Park



**\$499.00**

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## The Lighter Side of Life!

### Digital Explanation

A little boy goes to his father and asks, "Daddy, how was I born?"

The father answers,

*"Well, son, I guess one day you will need to find out anyway! Your mom and I first got together in a chat room on Yahoo. Then I set up a date via email with your mom and we met at a cyber-cafe. We sneaked into a secluded room, and googled each other".*

*"There your mother agreed to a download from my hard drive. As soon as I was ready to upload, we discovered that neither one of us had used a firewall, and since it was too late to hit the delete button, nine months later a little Pop-Up appeared that said: 'You've got male!'"* 🤖



### Buying a Bull

Two sisters inherit the family ranch. Unfortunately, after just a few years, they are in financial trouble. In order to keep the bank from repossessing the ranch, they need to purchase a bull from the stockyard in a far town so that they can breed their own stock. They only have \$600 available.

The older sister says, "I'm going to take the bus to the stockyards since you need the pick-up truck. When I get there, if I decide to buy a bull, I'll contact you to bring the pickup truck and trailer and haul it home."

The older sister arrives at the stockyard, inspects a bull, and decides she wants to buy it. The man tells her that he will sell it for \$599, no less. After paying him, she makes her way to the nearest town to send her sister a telegram telling her the news.

She walks into the telegraph office and says, "I want to send a telegram to my sister, telling her that I've bought a bull for our ranch. I need her to hitch the trailer to our pickup truck and drive out here so we can haul it home."



The telegraph operator said he'll be glad to help her, then adds, "It's 99 cents a word." Well, after paying for the bull, she only had one dollar, enough to send one word.

After a few minutes of thinking, she nods and says, "I want you to send her this word: 'comfortable'."

The operator shakes his head. 'How is she ever going to know that you want her to hitch the trailer to the pickup truck and drive out here to haul that bull back to your ranch if you send her just the word "comfortable?"

She explained, "This is a big word for my sister. So, she'll read it very slowly ... sounding it out as - com-for-da-bull."

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## 'Keep Cash' Campaign

### YRNSA has joined the NSA Campaign of 'Keep Cash'!

We have obtained some stickers from Head Office in Brisbane for distribution to local traders and retailers who wish to continue receiving CASH. These will be available at our next Branch Meeting.

NSA wants to help buck the 'cashless society' trend and keep cash circulating. To do this, they need our help to encourage retailers that accept cash to display our new '**We accept cash**' sticker.



NSA is very excited and passionate about this new venture so let's do this



together. It's simple – we have received the '**We accept cash**' stickers, all you need to do is encourage retailers in your local area to display the sticker for customers to see.

You could even take a photo of the sticker being displayed and email it to us at [policy@nationalseniors.com.au](mailto:policy@nationalseniors.com.au) Participating businesses are added to our website page and shared on our social media.

Our challenge is to see these '**We accept cash**' stickers in as many retail stores as we can. Let's get our message out there.

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## Update your medicines list now – you'll need it if you go to hospital



A medicine list is a complete list of all your prescriptions, over the counter and complementary medicines.

Now is the time to make sure you have that list up-to-date and easy to find in case you unexpectedly have to go to hospital or visit a doctor or pharmacist who is not familiar with your health status.

\*\*\*\*\*

Please ensure you have this app installed on your phone – it could save lives and maybe even your own.

**Emergencyplus** is an app you can put on your mobile. (It was recommended by a trainer who trained the staff at my school.)

You can choose to load onto an Apple or Android system (2nd choice). When loaded the right-hand screen will appear.





Save the App that could save your life.

Available on the **App Store** [\[Free Download\]](#)

GET IT ON **Google play** [\[Free Download\]](#)



The **000 Emergency, SES & Police** are [live buttons](#) that will automatically call that service when pressed. Also, you will note your 'location coordinates' appear so you can pass the information to the service concerned as to where your location is.

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## **\*Some News Items from National Seniors that you may have missed**

### **Digital wallets: A secure way to manage money Learn how digital wallets work, their security benefits, and tips for safely managing your finances.**



Digital wallets have transformed how we handle money, making it easier and more convenient to manage payments and finances.

For older Australians, these tools offer a way to make secure, contactless payments using just a smartphone, smartwatch, or other devices. However, it's important to understand how they work and the steps you can take to

ensure your financial information remains safe.

#### **What is a digital wallet?**

A digital wallet is an electronic version of a physical wallet.

Instead of carrying cards in your pocket or purse, you can store your debit and credit card information digitally on your phone or on other smart devices.

With a digital wallet, you can make purchases quickly and securely, without needing to use your physical cards. Some popular examples of digital wallets are Apple Pay, Google Wallet, and Samsung Pay.

In addition to making payments, digital wallets can also store other essentials, such as loyalty cards, tickets, and even identification in some cases.

This makes them not only convenient but also a great way to streamline how you carry your information and manage your finances.

#### **Why security should be front of mind**

While digital wallets offer convenience, security should always be top of mind, especially when you are linking your debit or credit cards to them.

Digital wallets are generally secure, but it's important to take a few precautions to protect your personal and financial information.

Here are some essential tips to keep your digital wallet safe:

- Use strong passwords or biometrics: Ensure your device is protected with a strong password, PIN, or biometric authentication such as fingerprint or facial recognition. This adds an extra layer of protection if your device is lost or stolen.
- Regularly monitor your transactions: It's important to regularly check your bank or card statements for any unusual or unauthorised transactions. Catching suspicious activity early can help prevent further issues.
- Keep your device software up-to-date: Updating your phone or device's software ensures that you have the latest security features to protect your information. (Note: some older phones will no longer update, so it may be time to get a new one.)



- Be aware of scams: Scammers may try to trick you into sharing your login or card details. Always be cautious of unsolicited messages, calls, or emails asking for personal information, including One Time Passcodes (OTPs) to authenticate certain transactions.

It is important to never share your passcode with anyone, including your financial institution.

### **What is tokenisation?**

One of the key security features of digital wallets is tokenisation. This process helps protect your financial information when making payments. When you add your card to a digital wallet, your card number is replaced with a randomly generated series of numbers known as a “token”.

The token is used to process your payments instead of your actual card number. This means that when you pay using your digital wallet, your real card details are never shared with the merchant or the payment system.

Tokenisation adds a layer of security, helping to protect your financial information during transactions.

### **How to safely use digital wallets**

Here are some additional simple tips to help you use your digital wallet securely:

- Stick to trusted apps: Use well-known digital wallet platforms such as Apple Pay, Google Wallet, or Samsung Pay. These platforms offer built-in security features.
- Set up transaction alerts: Many banks allow you to set up alerts for transactions made with your digital wallet, so you’ll be notified immediately if any unauthorised payments occur.
- Disable if your device is lost: If your phone is lost or stolen, disable your digital wallet right away. You can either lock your device or contact your bank to unlink your cards.

For older Australians, digital wallets offer a convenient and secure way to manage everyday finances. They allow for fast, contactless payments, help you keep track of your spending, and can store important cards and information in one place.

However, understanding how digital wallets work and taking steps to ensure their security will help you confidently use them in your daily life.

With the right precautions, digital wallets are a practical and efficient tool for managing your money in today’s digital age.

*Stay one step ahead of scammers by arming yourself with knowledge and taking proactive measures. Download our comprehensive Scam Protection E-Guide.*

[Download free e-guide](#)

## [What to do if you’ve been scammed?](#)

Scams can cause emotional harm and financial hardship. If you think you’ve been scammed:

- immediately stop any contact with the scammer
- report the scam to **ReportCyber** or **Scamwatch** as soon as you can
- contact your bank or financial institution to cancel all cards and accounts that may have been breached.
- write down any details you get about the scammer (phone number, email, website address or car registration plate number) to help with any investigations
- tell your colleagues, friends and family about your experience and what you’ve done about it.
- Replacing Government documents – Contact ID Care



Yarra Ranges National Seniors Australia Branch  
Membership Application (NSA ABN 89 050 523 003)

**PERSONAL DETAILS**

Mr / Mrs / Miss / Ms / Dr First name \_\_\_\_\_ /  
Last name \_\_\_\_\_ Date of birth \_\_\_\_\_  
Address \_\_\_\_\_  
Suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_  
Phone \_\_\_\_\_ Mobile \_\_\_\_\_  
Email \_\_\_\_\_ Membership Number: \_\_\_\_\_

**JOINT MEMBER DETAILS**

Mr / Mrs / Miss / Ms / Dr First name \_\_\_\_\_  
Last name \_\_\_\_\_ Date of birth \_\_\_\_\_  
Phone \_\_\_\_\_ Mobile \_\_\_\_\_  
Email \_\_\_\_\_ Membership Number: \_\_\_\_\_

**MEMBERSHIP AND PAYMENT DETAILS**



I / we would like to join for: (please tick) includes GST

- 1 Year  Single \$49.50  Joint \$80      2 Year  Single \$88  Joint \$143
- 3 Year  Single \$120  Joint \$180      5 Year  Single \$220  Joint \$325

TOTAL PAYABLE: \$ \_\_\_\_\_

- Cheques / Money Order enclosed (payable to: National Seniors Australia)
- Please charge my credit card:  Visa  Master Card

Card number:

Cardholder's Name: \_\_\_\_\_ Expiry: \_\_\_\_\_ / \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

NSA respects your privacy and is committed to protecting your personal information.  
You can view the full details of our privacy statement online at [nationalseniors.com.au](http://nationalseniors.com.au)

- I would like to receive 'My Generation' Magazine by Mail

**MEMBERS**

- Branches – Social & Friendship
- 'My Generation' Magazine
- Discount & Benefits
- Credit Card
- Car Buying Service
- Insurance
- Travel
- Competitions
- Online Shop

**NEWS & EVENTS**

- Latest News
- Policy & Media Updates
- In the Media / Media Releases
- Events

**RESEARCH**

- Finance
- Health & Aged Care
- Housing
- Retirement
- Social Connectedness & Communities

**ABOUT US**

- Board & Governance
- Leadership Team
- Policy Advisory Groups
- Careers
- Foundation Trust
- Partners
- FAQs      Advertising

**INFORMATION HUB**

- Consumer Protection
- Healthy Ageing / Aged Care
- Social Inclusion
- Technology
- Work & Career
- Retirement
- Retirement Living Options

**ADVOCACY**

- How Advocacy Works
- Policy and Advocacy
- Submissions