



November 2019

Presidents Report

Welcome to our November Newsletter. As with all and sundry it is a busy time of the year. A big thank you to all who attended the A G M. It was a great day and lucky us we once again have a full Committee, only because the loyal members who have been doing this Job for years now have decided to give another year. I truly thank you all. Thank you Astrid for once again stepping up or should I say *hopping* up crutches and all to make sure we all had a lovely spread to share. A warm welcome to our new Treasurer Barbara Hamilton who you all will get to know in the next month or two. Please make her feel very welcome. Unfortunately we had to cancel the Crystal World due to lack of numbers. We will try again next year perhaps, just for a pleasant day out. I hope you have all been making use of all the free outings and events that have been arranged through our Council. Seniors month is a great chance to see what's on and about our city. The entertainment we attended at Baxter Tavern was excellent. He certainly had fingers clicking and feet tapping also bringing back some touching memories to some. As usual the meal was top shelf and everyone thoroughly enjoyed the day. Our next Club lunch will be on Wednesday 20th November at 12.30. The venue will be the Seaford Hotel.

The next Baxter Tavern outing will be on the 4th of December at 10 am and there will be a Christmas Show with the usual scones jam+ cream, petite fours, biscuits tea and coffee. The Tavern really goes all out for the morning tea, followed by lunch for those who wish to stay. As this will be our last Club lunch for the year I hope as many come as possible. It's a great opportunity to chat share a glass of wine and catch up in a comfortable atmosphere. Happy Birthday to those of you celebrating another year. To the members who perhaps are not feeling too well at this time a speedy recovery, not forgetting if you just want a chat quietly Margaret McGrath is only too willing to give you a call and discuss anything that may be troubling you. Having said that the Committee are always on hand to hear your suggestions or anything to do with the Club that you do not agree with. Well enough waffle for now so hope to see you at the next two meetings and some of the events that have been arranged for you. Marion

Quote; A good friend is someone who thinks you are a "good egg" even though you are slightly cracked.

CHRISTMAS RAFFLE

We hope to make up hampers for our Christmas celebrations at the Marina. We do hope you will be able to donate some goods to this at our November General Meeting or earlier.

Suitable Christmas donations are appreciated.



Frankston Branch
National Seniors
Australia

PO Box 1214

Frankston Vic
3199

Incorp Reg No.
A0021438T

We meet at 10.30
am last
Wednesday of the
month at Francis
Xavier Hall.

Come along
earlier and have
cup of tea at 9.30 -
10.30 am prior to
meeting starting
at 10.30 am.

Advertisements
from Sponsors on
page 4 - please
support our
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COM meeting
20th November

Next General
Meeting
27th November

Committee contacts

Year 2019/2020

President and Zone Delegate	
Marion Tracey	9776 6648
	0425704481
Vice President	
Margaret Norton	0437830256
Secretary/Public Officer/ Newsletter	
Mary Smith	97731471
	0424570811
Treasurer	
Barbara Hamilton	0417119882
Mike Smith (assistant treasurer)	0418144883
Events Co-ordinator	To be advised
Speaker organiser	
Lorraine Mammana	97870068
General Committee Members	
Lynne Jerman	97660345
Linda Ward	97765568
Astrid Shead	97860003



★ **HAPPY** ★
BIRTHDAY!

November:

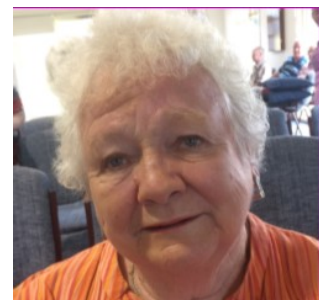
- 1 *Jan Henry*
- 5 *Jeanette Blackford*
- 7 *Diana Bahnert*
- 10 *Kath Miles*
- 11 *Wendy Seers*
- 12 *William Underwood*
- 14 *Doreen McLaren*
- 17 *Margaret Arnould*
- 20 *Rosemary Wright*
- 24 *Linda Ross*

Welfare Report:

This article appeared in a Magazine.

Did you know that staying at home is more dangerous than going out? A study on risk by British academic John Adams found that there were over 3000 deaths a year as a result of home accidents. Half of these are people falling over and of these, between five and ten a year are while people are trying to put their socks on, more than 11,000 people were taken to hospital following accidents while putting on socks, tights or stockings.

Here in Australia we are able to purchase "Sock Aids" at any store selling Disable goods, I use a sock aid all of the time.



[Margaret McGrath 9786 9264](#)

Speakers

Lorraine Mammana 97870068
Mobile 0410796031



NOVEMBER

Marceau is booked for this, always an excellent show from Marceau.

JANUARY SPEAKER:

Denise from Proud Mary a Murray River cruising and tour company will speak to us about Victorian group specials which range from 2 to 5 day Murray River cruises and, the 11 Day River Murray and Spectacular Flinders Ranges Tour with Pichi Richi Explorer.

Roy celebrating his 90th Birthday



Outings

BBQ Tooradin Foreshore

Date: 6/11/19 Wednesday

Cost: Members \$10.00

Non members \$15.00.

Bus leaves Karingal at 9 am.

A lovely BBQ at Tooradin.

Enjoy a walk around the village and take in the sights.

There is no charge for the bus, so come along for a good time.

Christmas Breakup

Date: 27/11/19 Wednesday

Where: St. Francis Church Hall.

Come along and celebrate our last meeting for this year. We are having Marceau Camille to entertain us with his fabulous Music.

Plus lovely food put on by your committee.

Come along and enjoy the party.

Let's have fun,

Door entry will be \$5.00 for this event, which will help cover the entertainment costs etc.

Christmas Lunch

11/12/19 Wednesday

Cost \$40.00 members

\$45.00 non members.

Leave Karingal 9 am



This year we are going to the Marina Bar and Bistro at the Hastings Marina.

Look forward to seeing you there.

**Club Lunch is at the
Seaford Hotel on
20th November
12.30 pm**

We appreciate the help of our sponsors, please do use them



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