

Welcome

You'll find a friendly atmosphere for seniors at our monthly meetings. We invite informative Speakers on topics of interest to Seniors. We also provide morning tea and time for friendly socialising. Our Perth Branch has a program of inexpensive outings during the year. Monthly cost \$5.00 also gives you a free ticket in the monthly raffle.

Loftus Community Centre, 99 Loftus Street, Leederville

Perth Branch: Next Meeting

Friday 4 July 2024 10 AM

You're Welcome! Bring a friend!

Call 0435 583 229 – for catering purposes

Printing by courtesy of Zaneta

Mascarenhas MP, Federal Member for Swan

Words of Wisdom

As winter approaches South-Western Australia it is time to reflect on trees around us. The John Forest National Park offers us an opportunity to ponder why is it that forests have been a popular subject in human literature. Trees have played an important role in providing food, shelter, fuel and other resources to people around the world. They are often considered sacred or revered by various cultures. As a result they have figured prominently in myths, legends and religious stories throughout history. Trees can be found in a variety of environments, from forests and jungles to deserts and mountains. They come in a variety of shapes, sizes and colours. The beauty of trees has inspired poets, writers and artists for centuries. Here are a few quotes:

"The best time to plant a tree was 20 years ago. The second-best time is now" Chinese Proverb.

"Trees are the Earth's endless effort to speak to the listening heaven" Rabindranath Tagore.

"Trees are humanity's greatest ally in the fight against climate change" Leo DiCaprio

"Trees are like the veins of our planet, carrying the life blood of the air, water and wildlife around it" Julia Hill

"What we are doing to trees of the world today is but a mirror reflection of what we are doing to ourselves and to one another" Mahatma Gandhi



UPCOMING EVENTS

July

Friday 5 July Meeting

Guest Speaker: Gary Dixon, Drone Expert.

Tuesday 23 July Lunch Xmas in July

Herdsman Lake and Tavern

August

Friday 1 August Meeting

Guest Speaker: To be decided

October

Thursday 24 October Lunch

Pines Restaurant Bentley

Chairman's Report

We have recorded apologies from Terry Flanagan, President, from the Acting President, Adolph de Sousa and Rod McLaren, Secretary who were overseas. We had 19 members present. Expected 22. Some may have stayed away due to inclement weather. At the outset we set some house rules. 1. Setting up the hall. Fortunately, Rosanna, Tony and Leo had already set up the morning tea so they were also able to put up the chairs. 2. The dishwasher and the oven were now fully functional but by consensus it was decided to continue that each one will bring their own cup.



I had suggested raising the member attendance fee be raised to \$8 dollars. After a vigorous debate it was moved and seconded that the fee by raised to \$10 from July 1.

Jeanette O'Keefe raised the plight of Seniors and Pensioners with the closure of branches by banks. She received considerable support from members. I have asked her to prepare a motion for next meeting. Terry Quinn will raise the matter at the next BNF meeting. I see this as an opportunity to show our role as an Advocacy for Seniors and Pensioners.

Chappie Lobo - Chairman

Acting President's Report

I returned to Perth on the night of 12 June and have taken the opportunity to appraise myself with the activities of our members. I have had news from Terry's eldest sister that Terry is in Hollywood hospital and is still awaiting a placement. He loves visitors.



My thanks go to Chappie Lobo who chaired the last meeting on 7th June, to Pervin Payne for taking the notes of meeting and to Rosanna/Tony Fernandes and Leo Gonsalves for coming in early, opening the Hall, arranging the tea and setting up the tables and chairs before the start of the meeting.

In my debriefing Chappie advised that following a vigorous discussion the June meeting decided to raise the entrance fees to \$10.00 representing a 100% increase on present entrance fees. Since the subject of fees was not on the Agenda, I have determined that the proposed fee is not introduced. Our Management Committee (MC) will consider the ramifications of any such proposal. It is my intention that we should be transparent in our costings before any recommendations are put forward. Since I will again be away for a good part of July and our MC will not be able to discuss the fees issue until after August this year at the very earliest.

I am indebted to the NSA HQ in Brisbane in yet again composing this Newsletter for June. They will need to help me again for the July Newsletter before I am able to get a local designer to produce future copies. My thanks again to Chappie Lobo for agreeing to chair the July meeting. Rod McLaren will be back as Secretary. Meledy Correia and her team of helpers will arrange for the morning tea for the July Meeting.

UPCOMING EVENTS

1. Christmas in July: at Herdsman Tavern: Tuesday 23rd July 2024

- Organised By: National Seniors Australia, Perth Branch
- Contact: **Before 19 July Rosanna Fernandes Tel** 61404946165 email bocu1161@yahoo.com.au After 19 July Adolph de Sousa Tel 0413129707 email adolphdesousa@hotmail.com
- Time: 12.00 noon
- Place: Herdsman Lake Tavern, 33 Herdsman Parade, Wembley, WA 6014. Tel: 9387 5555
- Cost: Pay for your own lunch. Price for Main course is \$20pp. Does not include entrée, dessert coffee or tea. Seniors Menu is a choice of:
- **GRILLED CHICKEN** (served with mashed potato, broccoli and gravy)
- **SEAFOOD BASKET** (assorted fried seafood, chips, house salad, tartare, lemon)
- **FISH n CHIPS** (deep fried or grilled, chips, house salad, tartare, lemon)
- **BEEF hot POT** (beef, carrots, peas, onion rich gravy, mashed potato)
- **Brief Description:** The Tavern has reserved a special room to be set aside for our function on that day. It is expected to be decorated. We will have a sing a long session with the aid of a guitar.

No payment made to the Branch as all payments will be made directly to the Tavern. However, it will be necessary to register for the function in order that the Tavern can set the number of seats and placements. Members are encouraged to bring their friends as guests to this occasion.

2. Pines Restaurant Lunch Thursday 24th October 2024

Organised by: National Seniors, Perth Branch

Contact Person: Adolph de Sousa Tel 0413129707 email adolphdesousa@hotmail.com

Brief Description: This is a three-course meal. The menu will be sent to participants after they have paid for the event. It will also be downloadable from Events Tab of our website.

Cost: Members \$30.00 and Guests \$35.00 (this does NOT include a drink). Number of places limited to 40. Cash payments can be made on Friday 4th October before the commencement of the monthly meeting for those who do not make bank transfers.

Members and guests can make arrangements for a bank transfer by Monday 7th October 2024.

Bank Transfer details are as follows:

BSB Number: 016 270

Account Number: 438218426

Account Name: National Seniors Association Perth WA Inc

Ref: Your Surname and the word John Forrest

GUEST SPEAKERS

1. Guest Speaker: Friday 5th July 2024

Topic: Drones

Mr Gary Dixon is a lecturer with North Metropolitan TAFE and will undertake a presentation on Drones.

Gary was a photographer in the RAAF and served for 20 years. He spent 2 years with the Federal Police and 10 years lecturing with TAFE. He currently serves on a part time basis in the Airforce reserve. He has developed an interest in drones and how they have been used for a variety of purposes, including in modern warfare. Issues arising out of the issue of drones will be discussed.

REPORTS ON EVENTS

1. REPORT ON THE JUNE 2024 MEETING GUEST SPEAKER

On 7 June Paul Udinga gave an interesting interactive talk on the typical role of a Parks Ranger. He explained that apart from the management of visitors, the footpaths and trailways in the national parks, there was considerable background work in the management of fire controls, conservation, and waterways. Training and learning from the experiences of indigenous people was crucial to the vital maintenance of a sustainable system having regard to the native flora and fauna. There is no doubt that members will learn more from the Paul Udinga when he hosts members on the day out at the John Forest National Park.



2. REPORT ON THE MOZART IN MAY CONCERT ON THURSDAY 30 MAY 2024

As is now to be expected, the Mozart in May concert arranged by Joseph Lieberfreund through NSA Music was a resounding success around 12-14 Perth members and their guests attended the event which had a capacity of only 100 persons. In his usual style Joseph carefully prepared an informative sheet about the Mozart Violin Concerto No 5 in A Major, K219. Players were students from the University of Western Australia School of Music who put together a celebration of Mozart by WA's Finest Young Musicians



3. REPORT ON THE OUTING TO THE JOHN FORREST NATIONAL PARK ON 21 JUNE

As we go to print, we will have just completed a day's outing to the John Forrest National Park. Two buses to full capacity were used for this event. The demand was such that we could have filled another bus. However, such a bus was not available to us.

Please refer to the Branch's website Photo Gallery where photos of participants at the Park and at lunch at the Boab Tavern appear.



NATIONAL SENIORS AUSTRALIA

NSA is an advocacy group for the over 50s representing issues at WA and National levels. If you have an issue that you would like the NSA Policy Group to consider fill out the online form to start the process. <https://nationalseniors.com.au/research/share-your-story>

Membership Renewals and New Membership

- One year – \$49.50 single or \$80 joint membership.
- Two years – \$88 single, or \$143 joint membership
- Three Years - \$120 single, or \$180 joint membership.
- Five years – \$220 single, or \$325 joint membership.

Membership payments cannot be paid via our local branch they must be paid directly to the Head Office.

You can do this by one of these three options via the website: <https://nationalseniors.com.au>.

Login and pay online using a debit or a credit card.

Through your phone:

Phone them on 1300 765050 or 073233 9191 they will be able to find your membership details and debit your account for the membership payment. If New Membership they will collect details on the phone and charge your account.

By cheque:

GPO Box 1450,
Brisbane QLD 4001

Please make sure you include your name, club, and the reason for the cheque.

Our website is at: <https://nationalseniors.com.au/get-involved/branches/perth>

Bookmark it for easy reference

You will find our Newsletters there which you can conveniently download.

You will also find an Events tab briefly stating the dates of future outings. Clicking the Event of your interest will enable you to get more information on the event and also any flyer if available.

Finally, our Photo Gallery will have photographs of our latest events or outings.

For the payment Events and Outings use our local branch account

BSB Number: 016 270

Account Number: 438218426

Account Name: National Seniors Association Perth WA Inc

OUR INCORPORATION AND BUSINESS NUMBERS

Our Registration Number under the Association Incorporation Act is A1001978T

Our Australian Business Number (ABN) is 46 458 848 637

Committee Members

President	Terry Flanagan	(unavailable)
Vice President	Adolph de Sousa	0413 129 707
Secretary	Rod McLaren	0412 678 050
Treasurer	Chappie Lobo	0435 583 229
Catering	Terri McLaren	0438 862 520

Branch Contact Details

Website: <https://nationalseniors.com.au/get-involved/branches/perth>

Our Email address: PerthSeniors@gmail.com